Group Volunteer Opportunities

**Hands-On Projects:**

- Recovery Academy Projects: Paint a classroom, landscape, or complete other hands-on projects to improve our Recovery Academy Day Programs in Fairfax and/or Mount Vernon, VA.

- Organization Projects: Organize libraries, art classrooms, supply closets, or any other program spaces in one of our Recovery Academy Day programs.

- Host an event for PRS clients such as a summer picnic, holiday luncheon, Valentine’s Day party, etc. Our clients enjoy celebrating special occasions!

**Events:**

- Join our suicide prevention campaign, #CallTextLive, held annually in September: [www.prsinc.org/calltextlive](http://www.prsinc.org/calltextlive).

- Support or join our walks (in September) with the National Alliance on Mental Illness or the American Foundation for Suicide Prevention.

- Support our annual spring fundraiser, Springtopia – A Season of Hope: provide volunteer support including mailing projects, soliciting auction items, event set-up or clean up, attending as guests or volunteering at the event, sponsoring the event, and much more. [www.prsing.org/springtopia](http://www.prsing.org/springtopia)

**Supplies, Drives, and Wish Lists:**

- Art Supply Drive: Collect art supplies to donate to our Recovery Academy Day Programs for arts and craft activities. Items such as water-based paints, brushes, markers, colored paper, yarn, magazines, etc.

- Create Personal Care Kits for PRS Clients: Including (new) items such as full sized or travel sized hygiene products including deodorant for men and women, lotion, shampoo/conditioner, body wash, toothbrushes, toothpaste, body spray, etc.

- Snacks for Hotline Volunteers: PRS CrisisLink Hotline volunteers run our 24/7 crisis intervention and suicide prevention hotline. Collect snacks or create individual snack bags for the volunteers in the call center to help get them through their shift! Items can include healthy/nonperishable snacks such as granola or protein bars, pretzels, baked chips, trail mix, popcorn, dark chocolate, sparkling water, etc.
- **Snack Bar Support:**
  - Donate healthy, nonperishable snacks and beverages to the PRS Recovery Academy snack bar! Clients purchase snack bar items at low-cost, and the funds raised directly support the Recovery Academy. Clients choose how they want to spend their snack bar funds such as field trips, holiday parties, pizza parties, new games and books for the program and more.
  - Preferred snacks include: nuts and trail mix (individually packaged), pop corner chips, kind bars or other healthy granola bar, skinny pop, baked chips, cans or bottles of bubbly or flavored water, and vitamin drinks.

- **Cleaning Supplies Drive:** Collect (new) items such as Clorox wipes, floor cleaner, toilet cleaner, bathroom cleaner, carpet cleaner, dusting, paper towels, etc.

**Skills Based Opportunities:**

- **Present a Life Skills Topic:** Present at one of our Recovery Academy Day program’s registration weeks. Industry professionals with credentials preferred. Topics such as: dental hygiene, sleep apnea, finances, money management, yoga, Zumba, etc.

If you’re interested in volunteering with PRS, please contact Lauren Padgett, Manager of Volunteers & Events, at [lpadgett@prsinc.org](mailto:lpadgett@prsinc.org).

[www.prsinc.org](http://www.prsinc.org)