



**Changing Lives.
Saving Lives.**

FAMILY PEER SUPPORT PARTNER SERVICES

Are you the parent/caregiver of a youth who lives with a mental health or substance use condition?

WHO WE ARE

Family Peer Support Partners (FPSPs) are trained parents and caregivers who use their personal experience to offer support for parents and caregivers of youth diagnosed with mental health or substance use. FPSPs understand first-hand the challenges families may experience because they have navigated mental health and substance use systems with their own child. They have been trained to support families like yours.

WHAT WE DO

- Identify and use your strengths
- Encourage and support family to achieve desired outcomes
- Advocate for your child's needs
- Connect with effective family supports, services, and treatment options
- Empower families
- Understand your resources and recommendations
- Find hope

WHO IS ELIGIBLE:

Family/caregiver of youth with behavioral health challenges residing in Fairfax County, and the cities of Fairfax and Falls Church

WHO CAN REFER:

**Self-Referral
Case Manager
Team Facilitator
Other Professionals**

HOW TO REFER:

**Please visit
<https://prsinc.org/family-peer-supports/>
and submit a FPSP Referral**

If your family is currently working with an agency or provider, please ask them to submit the Agency Referral.

IN PARTNERSHIP WITH

Healthy Minds Fairfax