






Changing Lives.  
Saving Lives.



# Community Readiness & Support Program

## CRSP MAY BE FOR YOU IF...

-  ... YOU WANT TO MAKE NEW CONNECTIONS IN YOUR COMMUNITY
-  ... YOU'RE READY TO LEARN MORE ABOUT YOURSELF
-  ... YOU WANT HELP GETTING FROM WHERE YOU'RE AT TO WHERE YOU WANT TO BE!

CRSP is an intensive, group-based psychosocial rehabilitation program for high-needs individuals who are ready to take steps forward in their mental health recovery.

At CRSP, your assigned staff will work with you to create a highly individualized attendance and treatment plan that is best suited to your goals!

### PROGRAM INFORMATION

LOCATION:  
8221 WILLOW OAKS CORPORATE  
DRIVE  
SUITE 3-409  
FAIRFAX, VA 22031

HOURS:  
MONDAY THRU FRIDAY  
9:30 AM - 2:30 PM

### At CRSP, you can...

- Spend time with peers
- Learn more about your mental illness
- Improve your self-worth
- Practice life skills
- Work on your time management
- Develop coping skills for managing your symptoms
- Work on your sobriety
- Feel safe, welcome, and accepted
- Plan for what's next in your recovery!

### Sound like the program for you?

Talk to your CSB case manager about a referral to CRSP!

### FOR MORE INFORMATION, CONTACT:

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