

Stepping Stones Schedule (effective July 17, 2023)

Day	MONDAY: 9am-1pm	TUESDAY: 12-4pm	WEDNESDAY: 12-4pm	THURSDAY: 1-5pm	FRIDAY: 9am-1pm
Hour 1	9:00: Healthy Living Group (M)	12:00: Medication Management Group	12:00: Milieu/meetings	1:00: Coping Skills Group (Th)	9:00: Milieu/Meetings
Hour 2	10:00: Milieu/Meetings	1:00: Milieu/Meetings	1:00: Technology Skills Group	2:00: Milieu/meetings	10:00: Community Resources Group
Hour 3	11:00: Understanding Your Symptoms Group	2:00: Healthy Living Group (T)	2:00: Milieu/meetings	3:00: Co-occurring Group	11:00: Milieu/Meetings
Hour 4	12:00: Milieu/meetings	3:00: Milieu/Meetings	3:00: Coping Skills Group (W)	4:00: Milieu/meetings	12:00: Art in Recovery Group

Group schedule is offered indefinitely and may change based on client demand.