



# **FAMILY PEER SUPPORT PARTNER SERVICES**

**Are you the parent/caregiver of a youth who lives with a mental health or substance use condition?**

## **WHO WE ARE**

Family Peer Support Partners (FPSPs) are trained parents and caregivers who use their personal experience to offer support for parents and caregivers of youth diagnosed with mental health or substance use. FPSPs understand first-hand the challenges families may experience because they have navigated mental health and substance use systems with their own child. They have been trained to support families like yours.

## **WHAT WE DO**

- Identify and use your strengths
- Encourage and support family to achieve desired outcomes
- Advocate for your child's needs
- Connect with effective family supports, services, and treatment options
- Empower families
- Understand your resources and recommendations
- Find hope

## **WHO IS ELIGIBLE:**

**Family Peer Support Services are available to Families residing in Fairfax County and the cities of Fairfax and Falls Church, including but not limited to parents, stepparents, extended family and fictive kin, with an identified child/birth through age 21 diagnosed with mental health or substance use.**

## **WHO CAN REFER:**

**Self-Referral  
Case Manager  
Team Facilitator  
Other Professionals**

## **HOW TO REFER:**

**Please visit <https://hopelinkbh.org/family-peer-supports/> and submit a FPSP Referral**

**If your family is currently working with an agency or provider, please ask them to submit the Agency Referral.**

**IN PARTNERSHIP  
WITH  
Healthy Minds Fairfax**