

HOPELink

BEHAVIORAL HEALTH

Recovery Academy



ARE YOU READY...

- ➔ ...TO MAKE POSITIVE CHANGES IN YOUR LIFE?
- ➔ ... TO LEARN NEW SKILLS?
- ➔ ... FOR MORE DAYTIME STRUCTURE IN YOUR COMMUNITY?

The Recovery Academy is a psychosocial rehabilitation program where you will attend services 3-5 days per week. Our program day includes 3 skill-teaching groups plus a lunch hour.

Staff will work with you to set and work toward individualized recovery goals to get you from where you're at to where you want to be!

PROGRAM INFORMATION

LOCATION:
3026 JAVIER ROAD
FAIRFAX, VA 22031

HOURS:
MONDAY THRU FRIDAY
9:00 AM - 1:30 PM

At the Recovery Academy, you can learn...

- How to make friends
- More about your mental illness
- How to manage your symptoms
- Social skills for the professional world
- Time management skills
- How to manage your money
- Steps for maintaining sobriety
- How to care for your health
- To improve your self-worth
- ... And so much more!

Sound like the program for you?

Talk to your CSB case manager about a referral to the Recovery Academy!

FOR MORE INFORMATION, CONTACT:

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