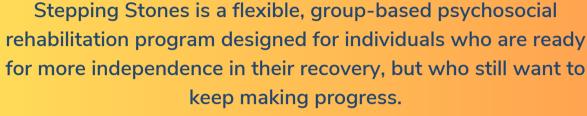


Stepping Stones





<u>Stepping Stones might be for you</u>

ou fool roady

- You feel ready to move on from intensive programming
- You want to make more progress in your mental health recovery
- You are working or volunteering but you still need some support
- You want to connect with peers
 in your community

LOCATION:
8794S SACRAMENTO DRIVE
ALEXANDRIA, VA 22309

TYPES OF GROUPS OFFERED AT STEPPING STONES

COPING SKILLS GROUP
HEALTHY LIVING GROUP
ART IN RECOVERY GROUP
TECHNOLOGY SKILLS GROUP
APPR

... AND MORE!

HOURS:

M: 9:00-1:00 T: 12:00-4:00 W: 12:00-4:00 TH: 10:00-2:00

F: 9:00-1:00

Sound like the program for you?

Talk to your CSB case manager about a referral to Stepping Stones!



